

13 August 2019

Kia ora/Greetings



BOT News

Our Board of Trustees had it's second meeting last night. The meeting was split into two pieces. Firstly we had an excellent learning session led by Richard Clarke who is an educational consultant with considerable experience. His session focussed on governance and on assisting the board in analysing the student progress and achievement reports for the middle of the year. The board then moved on to it's usual meeting. Some key pieces of information from the meeting were:

- The teachers at Knighton are working hard to ensure children are making sound progress. There are a range of systems and support to care for all learners.
- There is an exciting direction for property in the school with the senior block nearing completion and the plans for the Te Hihiri and B Block refurbishment being finalised.
- Two trust grant applications have been successful. This means that new sports uniforms will be able to be designed and purchased. The other grant is for a storage shed and 50 bikes so that our children can utilise the velodrome and the new pump track!

Middle School Show - 'The Woven Flax Kete'

There will be four performances for parents in the school hall:

- Tuesday 7:00pm, 20 August
- Wednesday 11:45am, 21 August
- Wednesday 7:00pm, 21 August
- Thursday 7:00pm, 22 August

Tickets are priced at \$4.00ea, pre-schoolers sitting on adults knees are free. The tickets are available at the Office and online through our Kindo Shop and remain limited to 3 tickets per family. Be in quick as tickets will sell out fast.

The Knighton Senior and Junior School children will get to see the show for free during the school day.



Important Information

- Nut Allergies

We have children at school who will have a serious, *life-threatening* reaction if they eat or touch nuts or foods containing nuts. It would be helpful if you would keep their allergies in mind when preparing your child's lunchbox as any trace of nuts or nut products left on your child's skin may be transferred to these children during play or class time.

Supporting Principals

Thank you for your words of support on Friday as the country focussed on the role that principals have in leading schools. I consider myself very lucky to work with such wonderful children, staff and the Knighton community.

Thanks to your support the Ministry of Education has made another offer to principals which I am hopeful will be accepted.

Food for Thought

Food for Thought is a free nutrition education programme that helps Year 5 and Year 6 students make informed, healthier food and lifestyle choices. Andrea Kane, a qualified nutritionist, talked with senior classes about the food group pyramid and how to read food labels to find out what's really in our food. She also spent time helping us understand how much sugar is in drinks like juice, fizzy and flavoured milks. After the classroom sessions, we also had the opportunity to visit Hillcrest New World to put into practice what we learned about label reading. Pams food brand support this programme and sponsor a supermarket gift card for each class that participates, so that they can design, budget and buy ingredients for a healthy shared class lunch.

Peachgrove Open Day

I enjoyed attending the open day for our year six children held yesterday. It was great to meet the new principal Mr West and to see the resources and learning opportunities that Peachgrove has to offer.

Funding Review – Parent Survey

If you haven't returned the pink survey please do so as soon as you can. The more surveys we have handed in, the more accurately the Ministry of Education can fund Knighton Normal so that our children get the best deal! Remember if you need any support please speak to the ladies in the office.

Berkley Information Evening Reminder

Tomorrow, Wednesday 14 August Berkley Normal Middle School will hold an Information Evening for prospective 2020 enrolments. All families are invited to attend, for information on teaching and learning at Berkley.

Te Kohao Health Wellbeing Challenge Reminder

Te Kohao Health are offering a four week programme as part of a Government-led Maori health initiative. The complete 4-week programme, available for Maori men and women is to overhaul your physical and mental fitness. It will incorporate...

Health guide/fitness assessment/weight loss/goal setting, education about nutrition, motivational speaker, boxing classes, circuit, external activity – fun run. Venue – Induction, Knighton School 3.30pm tomorrow, Wednesday 14 August. The cost is \$20 per week. A registration form will be available from the school reception.

For more information contact Mere Flagate, Whanau Ora Haumanu - Nutrition & Exercise, Te Kōhao Health, Ph: 856 1846, Mob: 021 741 108.



GO SNACKS

SNACKS

Grain foods give our brain and body energy to GO and are a good source of fibre. Try grainy crackers and grainy bread to get more fibre.

www.sportwaikato.org.nz
© This resource was developed by Sport Waikato 2019

Post-Energy

sportwaikato

The poster features a yellow background with a blue vertical bar on the left containing the word 'SNACKS'. The main title 'GO SNACKS' is in large, bold, red letters. Below the title, a text box contains the message about grain foods. To the right, there is a circular image showing various grain-based snacks: popcorn, crackers, a sandwich, and a cookie. The 'Post-Energy' logo is in the top right corner, and the Sport Waikato logo is in the bottom right corner.

EID al-Adha marks the end of the annual Islamic pilgrimage to Mecca in Saudi Arabia - a celebration that brings Muslims from around the world together to commemorate the willingness of Ibrahim (also known as Abraham) to follow Allah's (God's) command to sacrifice his son. Muslims around the world observe this event - this year it was observed on Sunday 11 August.

Wishing our Muslim community joy, happiness, peace and prosperity.
Eid Mubarak.

Ngā mihi nui

Stuart Armistead
Principal



COMING TO CLARENCE ST THEATRE

BERKLEY
Normal Middle School
TAKE UP THE CHALLENGE

SEPTEMBER 2019 PRODUCTION OF

hairspray JR.

BOOK BY MARK O'DONNELL THOMAS MEEHAN
MUSIC BY MARC SHAIMAN
LYRICS BY SCOTT WITTMAN MARC SHAIMAN

Based on the New Line Cinema film written and directed by John Waters

DIRECTED BY TRAVIS MACLENNAN
CHOREOGRAPHY BY CANDACE ALLAN
BAND DIRECTION BY JARED CONSTABLE

STRICTLY LIMITED SEASON
TUESDAY 3 SEPTEMBER @ 7PM
WEDNESDAY 4 SEPTEMBER @ 7PM
THURSDAY 5 SEPTEMBER @ 7PM

TICKETS AVAILABLE FROM
CLARENCE ST THEATRE eventopia

Licensed exclusively by Music Theatre International (Australasia).
All performance materials supplied by Hal Leonard Australia

The poster has a pink and purple background with a large blue hairbrush in the center. Two hair spray cans are shown on either side of the hairbrush. The text is arranged in a clear, organized manner, providing all the necessary details for the production.