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## KIDS ON BIKES

The popular Kids on Bikes programme is coming to our school. Kids on Bikes is a collaboration between Hamilton City Council and Team Energize (Sport Waikato)

The programme delivers Grade 1 basic bike skills to get students more confident on their bikes and is designed to give children the skills and knowledge of how to ride a bike safely. The programme is usually run over four sessions: For the purposes of Knighton, we have condensed the lessons to make it more time-efficient and manageable for our school.

Session 1: **Monday 29th March**; All classes - Classroom session involving safe route planning and discussion around road safety (covering all aspects of travelling to/from school)

Session 2 - 4: **Tuesday 30th March** - Thursday 1st April; Introduction to road and everyday biking practical sessions, starting with the basics through to advanced bike skills necessary for biking on the road.

Students will need to bring the following:

- Bike and helmet (if you can please pump tyres up and check chain and brakes this will save us time on the practical days)
- Covered Shoes
- Rain jacket/ change of clothes if the weather doesn't look good
- Drink bottle

*If students cannot bring a bike there will be some bikes available for students who do not own a bike or cannot borrow one.* Children will stay on school grounds for the first 3 sessions however we may bike down to the pump track on the last day, they will not be biking on the roads at all over the 4 days.

On the back of this page is our Senior School Timetable



## HCC KIDS ON BIKES

### Week 9: 29th March - 1st April

	Monday 29th March	Tuesday 1st April	Wednesday 2nd April	Thursday 3rd April	Friday
09.05 - 09.50	Assembly R3, R28, R30, R 2, 22	Room 30 Bike Session	Room 28 Bike Session	Room 31 Bike Session	Easter Friday
09.55 - 10.40	Assembly R1, R2, R27, R29, 32 R31	Room 31 Bike Session	Room 31 Bike Session	Room 30 Bike Session	
11.00 - 11.40		Room 28 Bike Session	Room 30 Bike Session	Room 28 Bike Session	
11.45 - 12.30		Room 3 Bike Session	Room 3 Bike Session	Room 3 Bike Session	
1.30 - 2.15		Room 22 Bike session	Room 22 Bike session	Room 22 Bike session	

### Week 10: 5 - 9th April

	Monday 5th April	Tuesday 6th April	Wednesday 7th April	Thursday 8th April	Friday 9th April
09.05 - 09.50	Easter Friday	Easter Friday	Room 1 Bike Session	Room 1 Bike Session	Room 32 Bike Session
09.50 - 10.35			Room 29 Bike Session	Room 29 Bike Session	Room 29 Bike Session
11.00 - 11.40			Room 32 Bike Session	Room 32 Bike Session	Room 27 Bike Session
11.45 - 12.30			Room 27 Bike Session	Room 2 Bike Session	Room 2 Bike Session
1.30 - 2.15			Room 2 Bike Session	Room 27 Bike Session	Room 1 Bike Session

If you have any questions, please contact your classroom teacher.

Regards, Senior Classroom Teachers

Room 1 Deb Wilson <a href="mailto:dwilson@kns.ac.nz">dwilson@kns.ac.nz</a>	Room 2 James Penman <a href="mailto:jpenman@kns.ac.nz">jpenman@kns.ac.nz</a>	Room 3 Nicole Antoniadis <a href="mailto:nantiadis@kns.ac.nz">nantiadis@kns.ac.nz</a>
Room 22 Mihi Waaka <a href="mailto:mwaaka@kns.ac.nz">mwaaka@kns.ac.nz</a>	Room 27 Stephen Shirley <a href="mailto:sshirley@kns.ac.nz">sshirley@kns.ac.nz</a>	Room 28 David Hannah <a href="mailto:dhannah@kns.ac.nz">dhannah@kns.ac.nz</a>
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