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PRINCIPAL | Stuart Armistead M.Ed. (Educational Leadership), B.Ed., Dip.T.

Tuesday 11th May

Kia ora and welcome back!

We have a very busy and exciting term 2 ahead! We will continue to focus on developing our Knighton values as we focus on teamwork, co-operation, positive relationships and organisation. We ended last term by learning about Kupe and his journey to Aotearoa (focusing on his need to migrate) and this term we will learn about the necessity that caused many people from Scotland to leave their country in the 19th century.

Request –

- We make sure all kids have a chance to eat a healthy snack in the morning block when we do SSR so they are all ready to learn in the second part of the morning. Please talk to your child about whether they have something small and healthy for this time.
- Please send in any old magazines you have to spare as we will be making and learning to use rakau this term.
- Please continue bringing in any unwanted cardboard or plastic boxes, tubes etc for us to be creative with, its much appreciated.

What's on When!

FOOD FOR THOUGHT PROGRAMME.

Many of the senior school classes are participating in a programme called Food for Thought. It is a **free nutrition education programme** that helps Year 5 and Year 6 students make healthier food and lifestyle choices. A qualified nutritionist will visit each class and teach 2 sessions. The first session is about food groups and the other session is about label reading (what's really in our food) and sugar in drinks. Our class will then visit the Hillcrest New World on **Tuesday 22nd June** to participate in an inquiry session, putting into practice what we have learned about label reading. Pams support this programme and sponsor a supermarket gift card for each class to then design, budget and buy ingredients for a healthy lunch.

We need help to transport the children to the supermarket and approximately 5 adults per class are needed to supervise small groups of children while we are there. Further information and a request for your help will come out closer to the time.

WINTER SPORTS – 30th May

TEACHER ONLY DAY – 4th June

QUEEN'S BIRTHDAY (no school) – 7th June

SCHOOL PHOTOS – 24th June

PARENT CONVERSATIONS – 5th – 7th July

MATARIKI CELEBRATIONS – 28th June – 2nd July

TEACHER ONLY DAY - 21st June

Important to Note...

- **Online Kindo shop:** To avoid office queues, and to ensure your payments are accounted for correctly, we encourage you to pay school costs online through our Kindo shop. If you do not already have a Kindo account, go to www.mykindo.co.nz or via the link on our school website. There are no fees for Kindo payments unless you choose to use a credit card. Using a Kindo account is the most efficient way to pay - and you don't need to send any paper forms back to school, so nothing gets lost in school bags. Our great office staff are happy to help you if you have any questions or need any assistance setting this up.
- **Medication:** A reminder that a consent form must be filled in and left at the school office for any medication administered at school. A consent form can be downloaded from our website or collected from the office. All medication remains in the office for safekeeping during the day.
- **Cell phones:** Remember, we prefer children to leave cell phones at home but understand that some children require a cell phone for safety reasons and to contact family members after school. If children do bring a cellphone to school this needs to be handed into the office or to myself until the end of the day.

As always, please come and see me any time if you have any questions or concerns – or just for a chat 😊
Or if you'd prefer, you can email me rdowney@kns.ac.nz

Renee Downey